

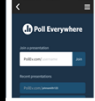


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## Oral Pharmaceuticals in Anterior Segment Disease

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## Disclosures:

- Maculogix,
- Sun Pharmaceuticals

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### Case

- 20 year old male presents with a red painful eye
  - Started that morning when he woke up
  - reports a watery discharge, no itching, and is not a contact lens wearer
- SLE:
  - See attached image with NaFl stain



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### Herpes Simplex Virus (HSV) Keratitis: Clinical Features

- Characterized by primary outbreak and subsequent reactivation
  - Primary outbreak is typically mild or subclinical (90% of people are asymptomatic)
  - Most clinical ocular infections are manifestations of virus reactivation; ocular involvement occurs in fewer than 5% of primary infections
- After primary infection, the virus becomes latent in the trigeminal ganglion or cornea
  - The majority of ophthalmic HSV cases are unilateral, with recurrences affecting the same eye. Bilateral disease (not necessarily concurrent) occurs in 1-12% of cases and is more common in patients with atopy or other immune abnormalities
- Stress, UV radiation, and hormonal changes can reactivate the virus
- Lesions are common in the immunocompromised (i.e. recent organ transplant or HIV patients)




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### Herpes Simplex Virus Keratitis

- **Epithelial Keratitis:**
  - Symptoms:
    - Ocular irritation, redness, photophobia, watering, blurred vision
  - Signs:
    - Swollen opaque epithelial cells arranged in a coarse punctate or stellate pattern
    - Central desquamation results in a dendrite\*\*\*
      1. Central ulceration
      2. Terminal end bulbs
    - \*\*\*Corneal sensation is reduced\*\*\*




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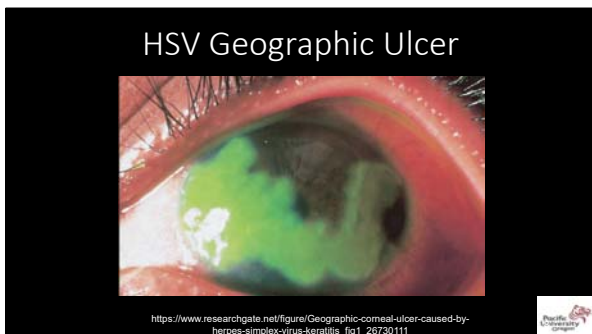
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Pediatric HSV Keratitis

- pediatric herpes simplex keratitis has an 80% risk of recurrence, a 75% risk of stromal disease, and a 30% rate of misdiagnosis
- 80% of children with herpes simplex keratitis develop scarring, mostly in the central cornea
  - results in the development of astigmatism
  - 25% of children have more than 2 D of astigmatism, most of which is irregular
- consider pediatric HSV when a patient has unilateral recurrent disease in the anterior segment

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## Herpes Simplex Virus Keratitis Management

- Topical:
  - Viroptic (trifluridine) q 2h until epi healed then taper down for 10-14 days.
    - Viroptic is toxic to the cornea.
  - Zirgan (ganciclovir) available, use 5 times a day until epi healed then 3 times for a week (US only)




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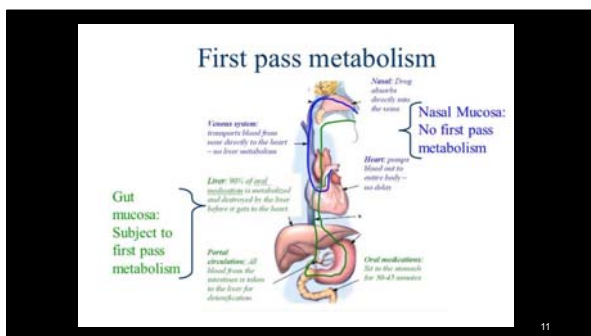
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Drug	Mechanism of Action	Bioavailability	Dosing	Side Effects
Acyclovir	Acyclovir interferes with DNA synthesis inhibiting viral replication	10-30% gets absorbed Short ½ life *Metabolized in kidneys	Simplex: 400 mg 5x/day Zoster: 800 mg 5x/day	Overall very safe Nausea, vomiting, headaches, dizziness, confusion
Valacyclovir	Acyclovir pro-drug Equivalent to acyclovir but better for pain management	95% converted to acyclovir* Better bioavailability and longer 1/2 life	Simplex: 500 mg tid Zoster: 1 g tid	Same as acyclovir
Famciclovir	Inhibits DNA chain elongation It is metabolized to penciclovir where it is active 10-20x as long as acyclovir	Superior to acyclovir*	Simplex: 250 mg TID Zoster: 500 mg TID	Same as acyclovir

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## HSV Stromal Disease



- HSV Stromal disease is an immune-mediated disease
  - Stromal involvement is rarely an initial ocular finding, accounting for fewer than 2% of initial presentations but for 20 – 60% of recurrent corneal disease
- Increased risk of scarring and high risk of poor visual prognosis
- Requires corticosteroids (HEDS: corticosteroid reduced risk of progression by 68%)
  - Without epithelial defect: corticosteroids and prophylactic anti-viral dosage
  - With epithelial defect: active infection anti-viral dosage with judicious corticosteroids



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## How much to dose steroid?

- HEDS used QID of *prednisolone phosphate*
- Current Recommendations:
  - Mod – severe (especially with neo): 1% Prednisolone or Lotemax QID to 6x/day
  - Want the lowest dose needed to control the inflammation
  - AAO EBM Treatment Guideline 2014
    - Topical steroid for 10 weeks (this is based on HEDS results) with oral antiviral



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## HSV Epithelial Keratitis

- Treatment Regimen:
    - Viroptic (trifluridine) q 2h until epi healed then taper down for 10-14 days.
    - Oral Valtrex 500 mg 3x/day for 7-10 days
    - Artificial tears
  - L-Lysine 2 grams daily?
    - Proven to “slow down” and retard the growth of the herpes virus and inhibit viral replication
  - Debride the ulcer?
    - Prior to topical antiviral therapy debridement was treatment of choice
    - Generally try to avoid use of sharp instruments and use of cotton swab and anesthetic
- RTC 1 day, 4 days, 7 days



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# Herpes Simplex Keratitis

- Prophylactic Treatment:
  - Reduces the rate of recurrence of epithelial and stromal keratitis by = 50%
    - Acyclovir 400 mg BID
    - Valtrex 500 mg QD
    - Famvir 250 mg QD
  - L-lysine 1 gram/day:
    - Proven to "slow down" and retard the growth of the herpes virus and inhibit viral replication
- Frequent debilitating recurrences, bilateral involvement, or HSV infection in a monocular patient



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# Prophylaxis??

- Pitfalls to Prophylaxis:
  - Reduction of recurrence does not persist once drug stopped
  - Resistance????
  - van Velzen, et al., (2013) demonstrated that long-term ACV prophylaxis predisposes to ACV-refractory disease due to the emergence of corneal ACVR HSV-1.



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**Original Contribution**

### Topical Tetracaine Used for 24 Hours Is Safe and Rated Highly Effective by Patients for the Treatment of Pain Caused by Corneal Abrasions: A Double-blind, Randomized Clinical Trial

Neil Wraithan, MD, FACSM, Ian K. Davis, and Peter Herbstein, DSc

**Abstract**

**Objective:** The objective of this study was to test the hypothesis that topical tetracaine used for up to 24 hours and used on often-normal healing corneal abrasions would improve pain just after and that patients would perceive the use of it to more effective than saline and control for the treatment of pain caused by corneal abrasions.

**Methods:** This study was a 2-treatment, parallel, double-blind, randomized trial of topical tetracaine 0.5% and saline (control) administered 4 times daily for 24 hours. The primary endpoint was the mean visual analog scale (VAS) pain score at 24 hours. Secondary endpoints included patient satisfaction, adverse events, and compliance. The study was conducted in a tertiary care ophthalmology clinic. The study was registered at ClinicalTrials.gov (NCT01101010).

**Results:** An equal and follow-up assessment was completed on each of the 112 patients. The compliance rate for patients in the tetracaine group was 87% and 82% in the saline group. There was no significant difference in corneal healing as measured by the percentage of patients with complete resolution of the abrasion at 24 hours (91.7% in the tetracaine group vs 91.7% in the saline group). The mean VAS pain score at 24 hours was significantly lower in the tetracaine group (mean 2.0) compared with the saline group (mean 3.0) (P < .001). The mean patient satisfaction score at 24 hours was significantly higher in the tetracaine group (mean 4.0) compared with the saline group (mean 3.0) (P < .001). The mean compliance score at 24 hours was significantly higher in the tetracaine group (mean 87%) compared with the saline group (mean 82%) (P < .001).

**Conclusion:** Topical tetracaine used for 24 hours is safe and rated highly effective by patients for the treatment of pain caused by corneal abrasions. The mean VAS pain score at 24 hours was significantly lower in the tetracaine group compared with the saline group. The mean patient satisfaction score at 24 hours was significantly higher in the tetracaine group compared with the saline group. The mean compliance score at 24 hours was significantly higher in the tetracaine group compared with the saline group.

**Keywords:** Tetracaine, corneal abrasions, pain, patient satisfaction, compliance.

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## Pain Management: Oral Analgesics

- Conditions potentially requiring us of oral analgesics:
  - Corneal ulcers
  - Herpes simplex/zoster
  - Post-surgical
  - Trauma
  - Thermal burns



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## Acetaminophen



- Mechanism of Action is not well understood.
  - Possibly some CNS component
  - Very weak inhibitor of prostaglandin synthesis
- One of the most commonly used analgesics for mild to moderate pain.
  - Equal analgesic properties to ASA unless associated with inflammation, where it is less effective.

Take home: Good for pain; Good for fever;  
No effect on inflammation



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## Consider Combining APAP with NSAID's for Mild to Moderate Pain Relief

- 1:00 pm: Two 325mg Tylenol
- 3:00 pm: Two 200mg Ibuprofen
- 5:00 pm: Two 325mg Tylenol
- 7:00 pm: Two 200mg Ibuprofen



Alternated every 2 hours while awake

- Each medication is q 4 hours.

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## Ibuprofen

- Adult analgesic dose: 200-400mg q4hours
  - Maximum Dosage: 2400 mg/day OTC for pain (approved for 3200 mg/day in arthritis treatment)
- OTC: 200 mg tabs (US) 400 mg and 600 mg (Canada)
- Rx: 300, 400, 600, 800mg tabs
- Peak levels 1-2 hours
- Most renal toxic of all the NSAID's
- Brand Names: Motrin, Advil, and Nuprin



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## Naproxen Sodium



- OTC: 220 mg (Aleve<sup>®</sup>)
- Rx: 550 mg tablets (Anaprox<sup>®</sup> and Crysanal<sup>®</sup>)
- Adult Dose:
  - OTC: 1 tablet every 8-12 hours (can use two tablets on first dose)
  - Rx: 550 initial dose, followed by 275 (half tablet) every 6-8 hours.
    - Maximum Dose: 1375mg/day.



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## Oral Analgesics: Guidelines

- Never exceed maximum recommended dosages:
  - ASA: 4 grams/day
  - Acetaminophen: 4 grams/day (newer data suggest should be closer to 3-3.2 grams/day)
  - Ibuprofen: 2400 mg/day OTC and up to 3200 mg/day prescription (for RA)
  - Naproxen: 1250/day
  - Naproxen sodium: 1375/day
  - Codeine: 360 mg/day



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### Oral Analgesics: Guidelines

- Make the proper diagnosis first (ie. Don't prescribe without knowing what you are prescribing for!)
- Treat the underlying cause for the pain
- Treat the pain at presentation..don't wait!
- Treat pain continuously over a 24-hour schedule
- Non-prescription drugs should be first choice and tend to be low cost
- Treat patients with the simplest and safest means to alleviate pain



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### Opioids Information

- Drug of first choice for the treatment of severe acute pain.
- Block the body's natural protective mechanism for protecting areas in pain – thus never prescribe unless you know the direct cause of the pain.



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### Opioids Side Effects

- Side Effects are very hard to predict because opioids can cause CNS depression or stimulation.
- CNS Side Effects
  - Dizziness, lightheadedness, sedation, and drowsiness are the most common.
  - Mood elevation (euphoria) and disorientation can occur in some patients.
  - Exacerbated if used in combination with alcohol, depression medications such as tricyclic antidepressants, anticholinergics, antihistamines, anti-seizure medications, or muscle relaxants, etc.
  - Visual symptoms such as blurry vision, miosis, and diplopia can occur.



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## Opioid Side Effects

- Respiratory Side Effects:
  - Respiratory Depression
    - Most serious side effect of the opioids
    - Opioids suppress the brainstem respiratory centers
      - Alter tidal volume, respiratory rate, rhythmicity, and responsiveness to CO<sub>2</sub>
    - Does not commonly occur at therapeutic doses in healthy patients, but must use caution in patients with pulmonary disease.
- Cardiovascular Side Effects:
  - Peripheral vasodilation can result in orthostatic hypotension, decreased BP, and changes in pulse rate.
- Others Include: Urinary retention, cough suppression, headaches, rashes, itching.



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## Opioids: Codeine

- Analgesic effect occurs within 20 minutes of ingestion and reaches a maximum at 1 – 2 hours.
  - Ceiling effect occurs.
- Usually administered in combination with acetaminophen .
  - Tylenol 1 (222): codeine 8 mg, 300 mg acetaminophen and 15 mg caffeine (Canada)
  - Tylenol 3 = Codeine 30 mg and Acetaminophen 300 mg
    - Dosage: 1-2 tablets every 4 hours.
  - Tylenol 4 = Codeine 60 mg and Acetaminophen 300 mg
    - Dosage: 1 tablet every 4 – 6 hours
  - Also available as generic with 15, 30, or 60 mg of Codeine with 300 mg of Acet. or elixer of 12 mg codeine + 120 mg Acet. per 5 mL.
    - Elixer can be used in children for pain management if >3 years.



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## Case Example

- 67 YOF
- HA and vision loss x 2 days
- OHx: unremarkable
- LEE: 3 days ago!
- MHx: unremarkable

Case courtesy of Dr. Tammy Than



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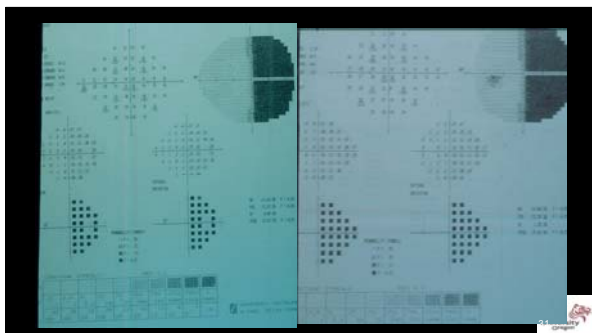
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### Minocycline?

- Proposed mechanisms
  - Anti-inflammatory
  - Reduction in microglial activation
  - ↓ MMPs
  - Nitric oxide production
  - Inhibition of apoptotic cell death



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# Acute Stroke Management

- N=152
- Open-label, evaluator masked study
- Minocycline 200 mg QD x 5 d or placebo
- Evaluated on NIH Stroke Scale
  - 0-1 complete/nearly complete improvement
  - 2-7 – mild
  - 8-14 – moderate
  - >15 – severe
  - Day 30: 1.8 versus 7.1

Total NIH Stroke Scale Score	
1a - Level of Consciousness	1
1b - LOC Questions	1
1c - LOC Commands	1
2 - Best Gaze	0
3 - Visual Fields	0
4 - Facial Palsy	2
5a - Left Motor Arm	2
5b - Right Motor Arm	2
6a - Left Motor Leg	2
6b - Right Motor Leg	2
7 - Sensory	0
8 - Speech	0
9 - Best Language	0
10 - Delegation	0
11 - Delegation and Distribution	0
<b>Total NIHSS Score</b>	<b>18</b>

Lamp Y, Boaz M, Gilad R, Lorberboym M, Dabby R, Rapoport A, et al. Minocycline treatment in acute stroke. *Neurology*. 2007;69(14):1404-10

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TEST	Admission	Day 7	Day 30	Day 90
NIHSS - Min	7.5	6.5	1.8	1.6
NIHSS - Cont	7.6	8.1	7.3	6.5
mRS - Min	2.8	1.5	1.1	0.9
mRS - Cont	2.0	3.1	2.7	2.1
BI - Min	70.0	85.9	90.6	94.9
BI - Cont	63.9	61.9	68.5	77.6

Minocycline for acute stroke treatment: a systematic review and meta-analysis of randomized clinical trials. *J Neurol*. 2018 Aug;265(8):1871-1879




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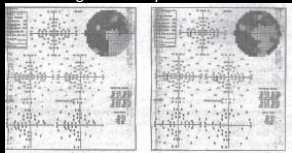
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# Case Report

- 77 YOM
- Right occipital infarct
- 3 weeks post stroke
  - Minocycline 100 mg BID x 5 days



Mark Tomsik, OD and Marlene Skulske, OD




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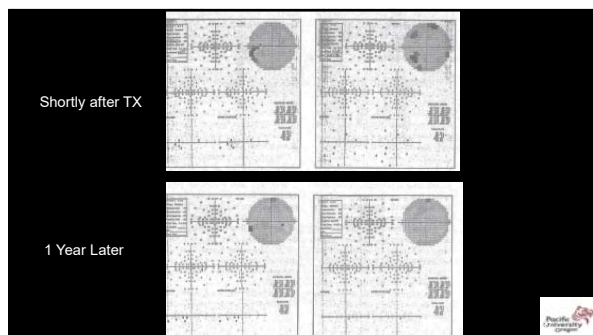
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## Tetracyclines

- This group includes:
  - Tetracycline (250mg - 500 mg cap BID-QID) needs to be taken 1 hour before or 2 hours after a meal.
  - Minocycline (100 mg cap BID)
  - Doxycycline (20mg - 100 mg cap or tab BID)
    - In Canada: Aprilon (30 mg doxy + 10 mg slow release doxy)
- Rules of Thumb with Doxy:
  - Do not take before lying down (>2 hours before)
  - Do not take with calcium and avoid antacids
  - Do not take with dairy
  - Do take with food
  - Do educate on sun protection




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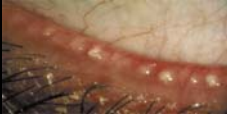

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## Meibomian Gland Dysfunction

- Meibomian gland dysfunction:
  - also referred to as meibomitis and patients experience dry eye problems secondary to increased evaporation of the tears.
  - signs include noticeable capping of the glands and frothing of tear film.
- Standard treatment includes:
  - good lid hygiene with warm compresses and lid scrubs in conjunction with
  - doxycycline 50 mg po BID for 2-3 months
- Alternative treatment:
  - Azithromycin 500 mg/day for 3 days for three- four weeks
  - Recent study used single Z-pak treatment


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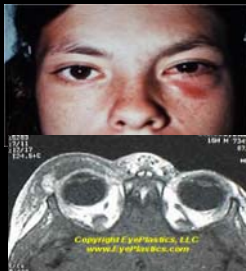
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- Infection and inflammation located anterior to the orbital septum and limited to the superficial periorbital tissues and eyelids.
- Usually follows sinus infection or internal hordeolum (possibly trauma)
- Eyelid swelling, redness, ptosis, pain and low grade fever.




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### Differentiating Orbital vs. Preseptal

FINDING	ORBITAL	PRESEPTAL
Visual Acuity	Decreased	Normal
Proptosis	Marked	Absent
Chemosis and Hyperemia	Marked	Rare/Mild
Pupils	RAPD	Normal
Pain and Motility	Restricted and Painful	Normal
IOP		Normal
Temperature	102 - 104	Normal/mild elevation
HA and Assoc. Symptoms	Common	Absent

Treatment: Orals for Preseptal, Often IV for Orbital




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- Tx:
  - Clavulin (Augmentin) 500 mg TID or 875 mg BID for 5-7 days
  - or if moderate to severe IV Fortaz (ceftazidime) 1-2 g q8h.
  - If MRSA possible, consider Bactrim/Septa




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### Penicillins: Clavulin (Augmentin)

- Clavulin (Augmentin) is amoxicillin with potassium clavulanate (clavulanic acid 125 mg).
- Clavulanate is a B-Lactamase inhibitor which reduces a bacteria's ability to negate the effect of the amoxicillin by inactivating penicillinase (enzyme that inactivates the antibiotic affect).
  - Dicloxacillin can also be used in infections due to penicillinase-producing staph.



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### Penicillins: Clavulin (Augmentin)

- Clavulin (Augmentin) is very effective for skin and skin structure infections such as:
  - dacryocystitis,
  - internal hordeola,
  - pre-septal cellulitis.
- Treatment of:
  - otitis media,
  - sinusitis,
  - lower respiratory and urinary infections.
- Given prophylactically to dental surgery patients.



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### Penicillins: Clavulin (Augmentin)

- It has Low:
  - GI upset,
  - allergic reaction and anaphylaxis.
- Serious complications include:
  - anemia,
  - pseudomembranous colitis and
  - Stevens-Johnson syndrome.



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## Penicillins: Augmentin.

### Adults:

- 250 TID, 500 mg tab BID-TID depending on what you are treating (also available in chewable tablets and suspension)

- or 875 mg q 12hr (bid)

- 1000 mg XR: q12 hr and not for use in children <16

### Peds: <5 mos 30mg/kg/day divided q12hrs using suspension

- >3 mos 45-90mg/kg/day divided q12hrs (otitis media 90mg for 10 days)



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## Cephalosporins

- Closely related structurally and functionally to the penicillins,
  - have the same mode of action,
  - affected by the same resistance mechanisms.
  - tend to be more resistant to B-lactamases.
- classified as 1st, 2nd, 3rd, 4<sup>th</sup> and now 5th generation based largely on their bacterial susceptibility patterns and resistance to B-lactamases.
- Typically administered IV or IM, poor oral absorptio



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## Side Effects and Contraindications

- Hypersensitivity Reactions are common.
  - Risk of cross sensitivity with PCN's is higher for 1<sup>st</sup> generation, but often overestimated for later medications.
  - Used to state the cross sensitivity was ~10%, but now believed to be closer to 3%.



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## Cephalosporins

- 1st generation: cefadroxil (Duricef), cefazolin (Ancef), cephalexin (Keflex), and cephalothin
- 2nd generations: cefaclor (Ceclor), cefprozil, cefuroxime (Zinacef), cefotetan, cefoxitin
- 3rd generation: cefdinir (Omnicef), cefixime, cefotaxime (Claforan), ceftazidime (Fortaz), ceftibuten, ceftizoxime, ceftriaxone (Rocephin IM/IV).
- 4th generation: cefepime
- *Keflex, Ceclor, Omnicef*, (all orally administered) are effective against most gram positive pathogens and especially good for skin and soft tissue infections.


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## Cephalosporins

- **Keflex (cephalexin):**
  - treatment of respiratory, GI, skin and skin structure, and bone infections as well as otitis media
  - Adults: 250-1000 mg every 6 hours
    - - typical dosing 500 every 6 hours
  - Children: 25-100 mg/kg/day divided 6-8 hours




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## Co-Trimoxazole (Bactrim/Septra)

- Combination of trimethoprim and sulfamethoxazole
  - shows greater antimicrobial activity than equivalent quantities of either drug alone.
- Has broader spectrum of action than the sulfa's and is effective in treating:
  - UTIs and respiratory tract infections
  - often considered for treatment of MRSA skin infections






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### Co-Trimoxazole (Bactrim/Septra)

- Available:
  - Bactrim/Septra tablets:
    - contains 80 mg trimethoprim and 400 mg sulfamethoxazole
    - dosing 2 tablets every 12 hours
  - Bactrim DS/Septra DS (Double Strength)
    - contains 160 mg trimethoprim and 800 mg sulfamethoxazole
    - Dosing 1 tablet every 12 hours



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### Epithelial (Anterior) Basement Membrane Dystrophy (EBMD or ABMD)

- Primary features of this “dystrophy” are:
  - abnormal corneal epithelial regeneration and maturation,
  - abnormal basement membrane
- Often considered the most common dystrophy, but may actually be an age-related degeneration.
  - large number of patients with this condition,
  - increasing prevalence with increasing age, and
  - its late onset support a degeneration vs. dystrophy.



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### Epithelial (Anterior) Basement Membrane Dystrophy (EBMD or ABMD)

- Not all patients are symptomatic
- Most common symptom is mild FB sensation which is worse in dry weather, wind and air conditioning
- Blurred vision from irregular astigmatism or rapid TBUT
- Pain is usually secondary to a RCE (recurrent corneal erosion) in approx 10%



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### Epithelial (Anterior) Basement Membrane Dystrophy (EBMD or ABMD)

- Easy to overlook:
  - typically bilateral though often asymmetric,
  - females > males,
  - often first diagnosed b/w ages of 40-70



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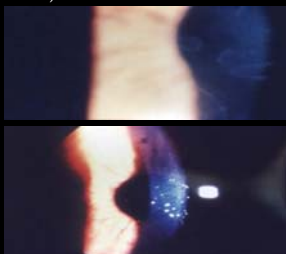
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### Epithelial (Anterior) Basement Membrane Dystrophy (EBMD or ABMD)

- Most common findings are:
  - chalky patches,
  - intraepithelial microcysts, and
  - fine lines (or any combination) in the central 2/3rd of cornea



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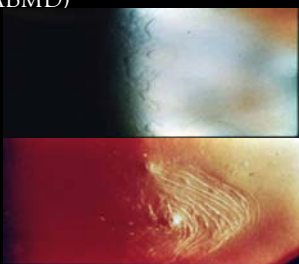
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### Epithelial (Anterior) Basement Membrane Dystrophy (EBMD or ABMD)

- Often referred to as:
  - maps,
  - dots or
  - fingerprints



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### EBMD-Negative Staining



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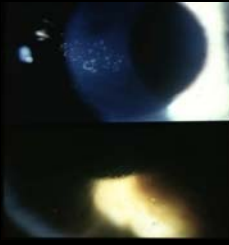
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### Epithelial (Anterior) Basement Membrane Dystrophy (EBMD or ABMD): Treatment



- Typically directed towards preventing RCE
- If RCE's develop:
  - awake with painful eye that improves as day wears on
  - chalky patches/dots in lower 2/3rd of cornea

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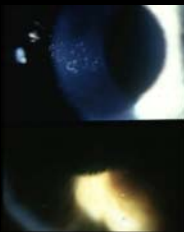
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### Acute Treatment of RCE



- use of hyperosmotic ointment at bedtime
- bandage contact lens
- Frequent lubrication
- Plugs
- Topical meds
- No ceiling fans
- Night time ointment
- PTK

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### Recurrent Corneal Erosion:

#### Treatment

- If severe enough to cause vision loss or repeated episodes:
  - oral doxycycline with/without topical corticosteroid
    - Doxy 50 mg bid and FML tid for 4-8 weeks
    - both meds inhibit key metalloproteinases important in disease pathogenesis
  - debridement,
  - Debridement + diamond burr polishing
  - stromal puncture (not commonly done anymore)
  - PTK
  - Latest development: amniotic membrane transplant e.g. Prokera typically after debridement



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### CORNEAL DEBRIDEMENT

- Soften epithelium
  - 1-2 grt topical anesthetic
  - q 15-30 seconds for 2-3 minutes
- Use cotton swab, spatula, spud or jewelers forceps
- Remove flaps by pulling edges toward center
- Don't pull directly up or out
- Remove flaps down to tight, firm edges.
- Tx abrasion (>50-100%)
  - Recurrence Rate 18%



Pictured: Kimura Platinum Spatula

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### Diamond Burr Polishing

- Removes abnormal basement membrane
- Provides smooth surface for cells to grow



<https://www.katena.com/pterygium-burr-3-5mm-w-chuck-k2-4913>

Vo. et al (2014): epithelial debridement with diamond burr polishing was 95% effective after single treatment in preventing recurrence for an average of 32 months follow up time



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## Amniotic Membrane Transplant

- Amniotic membrane is a biologic tissue with:
  - antiangiogenic,
  - antiscarring,
  - antimicrobial, and
  - anti-inflammatory properties that promotes healing of the ocular surface
- Amniotic membrane grafts have been used for a variety of ocular conditions including:
  - Corneal burns
  - Neurotrophic ulcers
  - Stem cell damage
  - Persistent epithelial defects



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## Amniotic Membrane Grafts (AMG)

Biotissue- Prokera, Prokera Slim, Prokera Clear, Amniograft, & Amnioguard



<http://www.biotissue.com/products/prokera.aspx>

IOP Ophthalmics- Ambiodisk



<http://www.iopinc.com/store/ambiodisk/>

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## Hordeola

- Acute purulent inflammation
  - Internal occurs due to obstruction of MG
  - External (stye) from infection of the follicle of a cilium and the adjacent glands of Zeiss or Moll
- Painful edema and erythema,



© 2007 by Elsevier. Frank Wiegand, Facharzt für Augenheilkunde, Göttingen

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## Hordeola

- Typically caused by Staph and often associated with blepharitis
- Treatment includes:
  - hot compresses (e.g. Bruder)
  - topical antibiotics (?)
  - possibly systemic antibiotics
    - Augmentin (Clavulin) 500 mg bid-bid
    - Doxycycline 100 mg bid
    - Keflex 500 mg tid
- Treat concurrent blepharitis



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## Cephalosporins

- Cefaclor (Ceclor) (2<sup>nd</sup> generation):
  - Immediate-release: 250 to 500 mg every 8 hours
  - Extended-release: 500 mg every 12 hours

**Note:** An extended-release tablet dose of 500 mg twice daily is clinically equivalent to an immediate-release capsule dose of 250 mg 3 times daily; an extended-release tablet dose of 500 mg twice daily is **NOT** clinically equivalent to 500 mg 3 times daily of other cefaclor formulations.



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## Herpes Zoster

1. Primary infection – Chicken pox (Varicella)
  - Usually in children
  - Highly contagious\*\*\*
  - Very itchy maculopapular rash with vesicles that crust over after ≈ 5 days
  - 96% of people develop by 20 years of age
  - Vaccine now available



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## Herpes Zoster

### 2. Reactivation – Shingles (Herpes Zoster)

- More often in the elderly and immunosuppressed (AIDS)
- Systemic work-up if Zoster in someone < 40
- Can get shingles anywhere on the body
- Herpes Zoster Ophthalmicus (HZO)
- Shingles involving the dermatome supplied by the ophthalmic division of the CNV (trigeminal)
  - 15% of zoster cases



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## Herpes Zoster

### • Symptoms:

- Generalized malaise, tiredness, fever
- Headache, tenderness, paresthesias (tingling), and pain on one side of the scalp
  - Will often precede rash
- Rash on one side of the forehead
- Red eye
- Eye pain & light sensitivity



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## Herpes Zoster

### • Signs:

- Maculopapular rash -> vesicles -> pustules -> crusting on the forehead
- Respects the midline\*\*\*
- Hutchinson sign
  - rash on the tip or side of the nose\*\*\*
- Classically does not involve the lower lid
- Numerous other ocular signs



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## Herpes Zoster

- Other Eye Complications (Acute):
  - Anterior uveitis (most common ocular manifestation)
  - Acute epithelial keratitis (pseudodendrites)
  - Conjunctivitis
  - Stromal (interstitial) interstitial keratitis
  - Endotheliitis (disciform keratitis)
  - Neurotrophic keratitis



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## Herpes Zoster

- Associated factors include increasing age, immune deficiency and stress.
- Only people who had natural infection with wild-type VZV or had varicella vaccination can develop herpes zoster.
- Children who get the varicella vaccine appear to have a lower risk of herpes zoster compared with people who were infected with wild-type VZV.



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## Herpes Zoster

- A person's risk for herpes zoster increases sharply after 50 years of age.
- Almost 1 out of 3 people in the United States will develop herpes zoster during their lifetime.
- A person's risk of developing post-herpetic neuralgia also increases sharply with age.



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## Herpes Zoster

- Management includes:
  - oral antivirals:
    - 800mg acyclovir 5x/day
    - valacyclovir (Valtrex) 1g TID,
    - famciclovir (Famvir) 500 mg TID
  - effectiveness of therapy is best started within 72 hours
  - oral steroids (clinical trials show variable results but often prescribed with antiviral to reduce pain)
  - management of pain (capsaicin, tricyclic antidepressants, gabapentin).
  - If ocular complications, consider topical steroids (Pred Forte QID).



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## Oxervate<sup>R</sup>

- August 22<sup>nd</sup>, 2018 the FDA approved Oxervate for the treatment of neurotrophic keratitis (first ever approved treatment)
- Oxervate<sup>R</sup> (cenegermin): recombinant human nerve growth factor
- The safety and efficacy of the topical eye drop was studied in 151 patients with neurotrophic keratitis in two 8-week, randomized, controlled, multi-center, double masked studies. In both studies, patients were given the drops six times daily in the affected eyes for 8 weeks. Across both studies, 70% of patients treated with Oxervate experienced complete corneal healing in 8 weeks compared with 28% of patients who were not treated with the active ingredient, cenegermin



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## NEW!! Shingrix HZ Vaccine

- Approved in US/Canada as of October 2017
- non-live antigen, to trigger a targeted immune response, with a specifically designed adjuvant to enhance this response and help address the natural age-related decline of the immune system
- Shingrix is 97% effective against shingles for people between the ages of 50 and 69 and 91% effective for people 70 or older.
- It is 91% effective against postherpetic neuralgia for people 50 and older.
- These rates are based on evidence presented to the committee from clinical trials with over 38,000 total participants.



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## NEW!! Shingrix HZ Vaccine

- recommended for healthy adults aged 50 years and older to prevent shingles and related complications
- recommended for adults who previously received the current shingles vaccine ([Zostavax®](#)) to prevent shingles and related complications
- the preferred vaccine for preventing shingles and related complications



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