



# How Well Can Your Child See?

## Dear Junior Kindergarten Parent,

You are encouraged to have your Junior Kindergarten student have a comprehensive eye exam through the Eye See...Eye Learn® program – a **childhood health awareness program**.

If your child is born in 2015 he/she is eligible for a comprehensive eye exam with a participating Optometrist. The cost of the eye exam is covered by your child's health card (OHIP). If your child is prescribed eyeglasses, they will be eligible for one pair at no cost to you through the Eye See...Eye Learn® program from July 1, 2019 until June 30, 2020 from a participating Optometrist.

**Fact:** 1 in 4 children has a vision problem but too often children don't have an eye exam before starting school. Children with poor vision find it difficult to focus on their work and may be misdiagnosed as having a learning or behavioural problem.

**Fact:** Young children don't know what normal vision is supposed to look like and seldom complain to their parents. Some show no signs of a problem at all.

**Fact:** Some vision problems if not caught and corrected before the age of 7 can permanently reduce your child's vision.

**Fact:** A vision screening is not a comprehensive eye exam given by a doctor of optometry and can often miss significant vision problems.

Your child requires good vision to properly learn and to fully participate in the classroom and on the playground. Good vision is also essential in sporting activities and can help improve socialization and self-esteem.

**For more information on the ESEL program or children's vision** [www.EyeSeeEyeLearn.ca](http://www.EyeSeeEyeLearn.ca)

Toll Free (855) 424-3735

Use the Find a Doctor locator for a participating Optometrist

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